Incoming Freshman

Your Summer Recruiting Checklist

Follow these steps to ensure you find the best athletic, academic, social and financial college fit.

Commit to your sport.

Are you ready to make the commitment to compete at the college level? Check out <u>the key differences</u> between high school and college sports to make sure you're ready to balance being a student and an athlete.

Start building your NCSA profile.

It's never too early to get on college coaches' radars. Once you create your NCSA profile, make sure you are regularly updating it, so coaches only see your most current athletic and academic stats, achievements and more. Consider it your athletic recruiting resume.

Explore the NCSA Power Rankings.

Student-athletes should cast a wide net when searching for and narrowing down a list of potential schools. If you're not sure where to start, check out <u>NCSA's best colleges for student-athletes</u>.

See how you measure up.

Even though you still have some time to develop your physical and athletic measurables, it's never too early to start exploring college rosters.

Specialize in one sport or more?

No matter what sport—or how many—you're a part of, NCSA can help you throughout the recruiting process as you specialize in one sport or concentrate on being a <u>multisport athlete</u>. There's no right or wrong answer; it's up to you to <u>determine the best route to take</u> (but we're happy to help!)

Evaluate if club sports are right for you.

Club sports are becoming more popular in the recruiting process—but do you have to play club sports to get recruited? We break down what it means to be on a club team, and the <u>benefits of playing both high school and club sports</u>.

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Don't overlook your location preferences.

<u>Are you from a recruiting hotbed</u> for your sport? Do you live in a large city <u>or a small town</u>? What are the most popular states that athletes choose to go to college? Even though much of the recruiting process happens online, geographic location still plays a big role.

International Student-Athlete Tip:

No matter where you live in the world, NCSA can help you maximize your recruiting opportunities. Learn more about <u>when international</u> <u>student-athletes can start the recruiting process</u>.

Take some time off.

Make sure you build in some time to rest up and recharge before your freshman year of high school officially begins, especially if you're starting your season in the fall.





June